

2026 Family Medicine Conference

Conference Program

Friday, September 18, 2026 | Saskatoon Inn & Conference Centre | Saskatoon, SK

TIME	PROGRAM	SPEAKER
7:00 AM	Breakfast & Registration	
8:00 AM	Introduction and Welcome	Dr. Erin Selzer
8:05 AM to 9:05 AM (1 hour)	Munroe Lecture Childhood Cancers 101: What Family Physicians Need to Know <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Identify signs and symptoms of patients with possible pediatric cancers 2. Outline the initial steps for working up a pediatric cancer and contacting the pediatric oncology team. 3. Discuss some common acute illnesses or complications during treatment. 4. Describe some of longer term complications in people with lived experiences of pediatric cancers and role of the family practitioner in their care.	Dr. Roona Sinha
9:05 AM to 9:35 AM (30 minutes)	High-Yield Derm Hacks for Everyday Practice. <u>Learning Objectives</u> By the end of this session, participants should be able to: 1. Choose a first line therapeutic for some of the more common skin conditions seen in clinic prior to sending a Dermatology referral. 2. Feel comfortable performing simple Dermatologic investigations and labs	Dr. Kyle Cullingham
9:35 AM to 10:20 AM (45 minutes)	Your Patient's Chief Complaint is About Their Eyes... Now What? <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. More confidently address eye issues of their patients and know whether to treat themselves, refer to optometry, or refer to ophthalmology. Participants will also 2. Understand the MCIB billing procedures of optometrists and which conditions we are able to bill SK Health for vs which are private pay. 3. Get up-to-date information regarding best practices for prescribing for common eye-related concerns.	Dr. Angie Machmer
10:20 AM to 10:35 AM (15 minutes)	Stretch Break	
10:35 AM to 11:35 AM (1 hour)	Keynote: Family Medicine in the Age of AI: The Future is Digital. The Core is Human. <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Explore practical ways AI can support patient care and reduce administrative burden in family medicine. 2. Assess the opportunities and risks AI presents for	Dr. Chandi Chandrasena

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	clinical practice, medical education, and the future of the profession. 3. Identify actions family physicians can take today to help shape the future of AI in healthcare rather than simply react to it.	
11:35 AM to 12:05 PM (30 minutes)	SK Newborn Screening for inborn Errors of Metabolism <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Introduce the SK Metabolic Program 2. Define 'inborn error of metabolism' 3. Recall the rationale for newborn screening 4. Recognize appropriate follow-up of NBS results, including the reasons and urgency for ordering a repeat NBS card.	Dr. Stephanie Skinner Dr. Spencer Zwarych Ms. Caroline Brost
12:05 PM to 12:35 PM (30 minutes)	Lunch	
12:35 PM to 1:35 PM (1 hour)	Annual Meeting of Members	
1:35 PM to 1:40 PM	Introduction and Welcome	Dr. Erin Selzer
1:40 PM to 2:10 PM (30 minutes)	Highlight Saskatchewan Research Assessing the Impact of the City of Prince Albert's Alcohol Bylaw on ED Visits and Hospitalizations <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Identify alcohol sale-hour restriction as a pragmatic, locally actionable public health intervention. 2. Quantify a relationship between alcohol retail hours and its impact on Emergency Department visits at a local regional hospital. 3. List two other factors that may impact alcohol-related ED visits apart from alcohol sale-hour restriction.	Dr. Natalie Tinney
2:10 PM to 3:10 PM (1hour)	Leading and Managing for Family Physicians <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Describe Frameworks for understanding and building leadership and management skills in family medicine. 2. Describe 5 key learnings from failure and strengthen their skills for addressing challenges. 3. Through exercises in the session, participants will demonstrate techniques for creating a team environment to support learning from challenges.	Dr. David White

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3:10 PM to 3:40 PM (30 minutes)	Psychological Injury in The Work Place <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. understand the potential effects on mental health of a worker experiencing trauma. 2. know the types of trauma experienced by workers in the workplace. 3. understand the legislation in Saskatchewan covering the presumption of psychological injury. 4. know the differences between stress reaction, acute stress disorder (ASD) and post-traumatic stress disorder (PTSD). 5. know the services insured by the WCB for workers with mental health injury from primary care to its' formal mental health program. 6. know the how's and why's of completing the WCB's physician initial report form (PPI) for mental health. 7. understand the principles of how to determine work restrictions/abilities for trauma based injury.	Dr. Jim Melenchuk Marcy Dmytrow
3:40 PM to 4:00 PM (20 minutes)	Stretch Break	
4:00 PM to 4:30 PM (30 minutes)	Deprescribing in Complex Patients: From Knowledge to Practice <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Engage patients, caregivers, and colleagues in collaborative deprescribing practices. 2. Effectively use evidence-based deprescribing practice tools during brief interactions with patients and caregivers. 3. Consider patient and medication specific factors in creating deprescribing plans.	Dr. Solveig Nilson Kristen Sanderson
4:30 PM to 5:00 PM (30 minutes)	ADHD Management in Family Practice Learning Objectives- TBA shortly	Dr. Omosade Ogundare
5:00 PM to 5:30 PM (30 minutes)	From Burnout to Belonging: Trauma-Informed Self-Care, Relational Healing, and the Restoration of Interior Sovereignty. <u>Learning Objectives</u> TBA shortly	Dr. Laura Tanyi
5:30 PM	Conference Concludes	