

2026 Family Medicine Conference

Conference Program

Friday, September 18, 2026 | Saskatoon Inn & Conference Centre | Saskatoon, SK

TIME	PROGRAM	SPEAKER
7:00 AM	Breakfast & Registration	
8:00 AM	Introduction and Welcome	Dr. Erin Selzer
8:05 AM to 9:05 AM (1 hour)	Munroe Lecture Childhood Cancers 101: What Family Physicians Need to Know <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Identify signs and symptoms of patients with possible pediatric cancers 2. Outline the initial steps for working up a pediatric cancer and contacting the pediatric oncology team. 3. Discuss some common acute illnesses or complications during treatment. 4. Describe some of longer term complications in people with lived experiences of pediatric cancers and role of the family practitioner in their care.	Dr. Roona Sinha
9:05 AM to 9:35 AM (30 minutes)	High-Yield Derm Hacks for Everyday Practice. <u>Learning Objectives</u> By the end of this session, participants should be able to: 1. Choose a first line therapeutic for some of the more common skin conditions seen in clinic prior to sending a Dermatology referral. 2. Outline simple dermatologic procedures.	Dr. Kyle Cullingham
9:35 AM to 10:20 AM (45 minutes)	Your Patient's Chief Complaint is About Their Eyes... Now What? <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Recognize eye issues of their patients and know whether to treat themselves, refer to optometry, or refer to ophthalmology. 2. Review the MCIB billing procedures of optometrists and which conditions are billable to SK Health versus private pay. 3. Discuss best practices for prescribing for common eye-related concerns	Dr. Angie Machmer
10:20 AM to 10:35 AM (15 minutes)	Stretch Break	
10:35 AM to 11:35 AM (1 hour)	Keynote: Family Medicine in the Age of AI: The Future is Digital. The Core is Human. <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Explore practical ways AI can support patient care and reduce administrative burden in family medicine. 2. Assess the opportunities and risks AI presents for clinical practice, medical education, and the future of the	Dr. Chandi Chandrasena

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	profession. 3. Identify actions family physicians can take today to help shape the future of AI in healthcare rather than simply react to it.	
11:35 AM to 12:05 PM (30 minutes)	SK Newborn Screening for inborn Errors of Metabolism <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Introduce the SK Metabolic Program 2. Define 'inborn error of metabolism' 3. Recall the rationale for newborn screening 4. Recognize appropriate follow-up of NBS results, including the reasons and urgency for ordering a repeat NBS card.	Dr. Stephanie Skinner Dr. Spencer Zwarych Ms. Caroline Brost
12:05 PM to 12:35 PM (30 minutes)	Lunch	
12:35 PM to 2:05 PM (1.5 hours)	Annual Meeting of Members	
2:05 PM to 2:10 PM	Introduction and Welcome	Dr. Erin Selzer
2:10 PM to 2:25 PM (15 minutes)	Highlight Saskatchewan Research Assessing the Impact of the City of Prince Albert's Alcohol Bylaw on ED Visits and Hospitalizations. <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Describe alcohol sale-hour restriction as a pragmatic, locally actionable public health intervention relevant to primary care. 2. Interpret the relationship between alcohol retail hours and Emergency Department utilization and discuss implications for patient care and community health planning. 3. Identify and apply at least two additional factors influencing alcohol-related ED visits when assessing and counseling patients in primary care.	Dr. Natalie Tinney
2:25 PM to 3:25 PM (1 hour)	Leading and Managing for Family Physicians <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Describe Frameworks for understanding and building leadership and management skills in family medicine. 2. Describe 5 key learnings from failure and strengthen their skills for addressing challenges. 3. Through exercises in the session, participants will demonstrate techniques for creating a team environment to support learning from challenges.	Dr. David White

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3:25 PM to 3:55 PM (30 minutes)	Psychological Injury in The Work Place <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Recognize the potential effects on mental health of a worker experiencing trauma. 2. Describe the legislation in Saskatchewan covering the presumption of psychological injury. 3. List the services insured by the WCB for workers with mental health injury, from primary care to its formal mental health program. 4. Describe the how's and why's of completing the WCB Physician's Initial Report (PPI) form for mental health. 5. Describe the principles of determining work restrictions and abilities for trauma-based injuries.	Dr. James W. Melenchuk Robin Harrington
3:55 PM to 4:15 PM (20 minutes)	Stretch Break	
4:15 PM to 4:45 PM (30 minutes)	Deprescribing in Complex Patients: From Knowledge to Practice <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. 1. Engage patients, caregivers, and colleagues in collaborative deprescribing practices. 2. Effectively use evidence-based deprescribing practice tools during brief interactions with patients and caregivers. 3. Consider patient and medication specific factors in creating deprescribing plans.	Dr. Solveig Nilson Kristen Sanderson
4:45 PM to 5:30 PM (45 minutes)	ADHD Management in Family Practice <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Recognize the diverse presentations of adult ADHD across different ages, genders, occupations and cultural backgrounds. 2. Implement an efficient, guideline-directed diagnostic protocol using validated screening tools. 3. Formulate individualized evidence-based treatment strategies according to current Canadian ADHD Practice guidelines. 4. Navigate common clinical challenges in ADHD presentations and systemic barriers. 5. Develop follow-up and monitoring plans suitable for family practice.	Dr. Omosade Ogundare
5:30 PM to 6:00 PM (30 minutes)	From Burnout to Belonging: Trauma-Informed Self-Care, Relational Healing, and the Restoration of Interior Sovereignty. <u>Learning Objectives</u> By the end of this session, participants will be able to: 1. Examine how cumulative trauma, moral injury, burnout, and systems of power may disrupt one's relationship with the authentic self, body, purpose, and belonging.	Dr. Laura Tanyi

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	2. Develop skills in relational healing, communication, boundary setting, cultural humility, and trauma-informed leadership. 3. Examine the contemporary health encounter as a site often reduced to production, efficiency, and performance (<i>poesies</i>), and explore its restoration as an embodied, ethical, relational, and healing practice (<i>praxis</i>).	
6:00 PM	Conference Concludes	

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